

## **“Worry and Anxiety: A Question of Trust” - Part 2** **Matt. 6:25-34**

### **I. Our Common Problem (6:31)**

Worry and anxiety =

### **II. The World’s Misguided Ambition (6:32)**

Gentiles =

*“Knowing nothing definitely beyond this present life to kindle their aspirations and engage their supreme attention, the heathen naturally pursue present objects as their chief, their only good. To what an elevation above these does Jesus here lift His disciples!”* -Jamieson, Fausset and Brown

### **III. The Church’s Holy (and humble) Ambition (6:33-34)**

#### A. The Pursuit:

*Seek first* =

*God’s kingdom* =

*God’s righteousness* =

#### B. The Promise:

*God will...*

#### C. The Point:

*Understand “do not worry about tomorrow” in the light of:*

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#### *10 Reasons Not to Be Anxious According to Jesus*

- God is in control (6:26)
- God gives and sustains life (6:27)
- God cares for His own (6:28-30)
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### **Discussion Questions for Groups**

Read Matthew 6:19-34 together.

1. What struck you the most from vv. 31-34 and the sermon?
2. With regard to what unbelievers seek (6:32) and what Christ's disciples are supposed to seek (6:33), how does seeking what is wrong lead to anxiety and insecurity; and seeking what is right lead to peace and security?
3. How are you seeking God's rulership in your life?
4. How are you seeking His righteousness?
5. How does falling in line with Matthew 6:33-34 help build deeper relationships?
6. What difference does an awareness of God's presence make?
7. Which of the reasons not to be anxious comforts you the most? Challenges you the most? Confuses you the most?

### **Tell us what God is doing!**

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**Check out Mike's blog at** [www.gracechurchoange.blogspot.com](http://www.gracechurchoange.blogspot.com)